

PURPOSE OF THE POLICY

To provide prior authorization criteria for Enbrel and Humira.

STATEMENT OF THE POLICY

Health Alliance will cover Enbrel or Humira, for new starts only, when the below criteria has been met:

PROCEDURES

1. Exclusion Criteria

- 1.1 Patients with clinically important infections eg. Cellulitis, pneumonia, abscesses, sepsis, bronchitis, gastroenteritis, aseptic meningitis, Legionnaire's Dz, osteomyelitis.

2. Authorized Prescribers

- 2.1 Rheumatologist
- 2.2 Gastroenterologist
- 2.3 Dermatologist

3. Coverage of Enbrel or Humira for Ankylosing Spondylitis

- 3.1 Failure of at least 2 anti-inflammatory agents during a single 2month period.
- 3.2 Failure of sulfasalazine in patients w peripheral arthritis.
- 3.3 Discontinue if no response after 6-12 weeks- lack of response defined as less than 50% or 2UN (on a 0-10 scale) of the BASDAI.

4. Coverage of Enbrel or Humira for Rheumatoid Arthritis/Psoriatic Arthritis

- 4.1 Documentation of an intolerance or failure to respond to a minimum of a 2month trial of a DMARD therapy such as methotrexate, Arava(leflunamide), Plaquenil(hydroxychloroquine), or sulfasalazine.
- 4.2 For Psoriasis, documentation that patient has chronic (greater than or equal to 1yr) moderate to severe plaque psoriasis involved in greater than 10% BSA that did not respond to 6wks of at least 1 topical therapy AND
- 4.3 Patient has tried and failed at least one of the following systemic therapies or is not a candidate due to contraindications:
 - Methotrexate
 - Azathioprine
 - Cyclosporine
 - Acitretin
 - 6-thioguanine
 - Sulfasalazine
 - Hydroxyurea
 - Propylthiouracil
 - And phototherapy (PUVA or UVB)
- 4.4 Renewal based on improvement of clinical symptoms of psoriasis or PASI score improvement.

HISTORY

1.1.09-Thowerton-created for Medicare D 2009

1/1/2010-Thowerton - P&T no changes

1.1.2011-Thowerton-replaced criteria that was excluded in 2010. Also, due to Nov 2010 CMS Outlier Justifications, revised 3mo trial period to 2mo, reworded 4.1 & 4.2 detailing use of at least 1 topical therapy for 6wks

9.1.2011-Thowerton- no chngs to policy but made sure that Humira was now in the title. Policy always inclu Enbrel and Humira but Humira had been left off the title.